

**WEST COAST**  
**DANCING AS A CREATIVE ACT**  
**CALIFORNIA STATE UNIVERSITY**  
**FULLERTON, CALIFORNIA**  
**June 17-30, 2012**

**Dancing as a Creative Act** focuses on harnessing the creativity necessary to thrive in today's contemporary dance world. Combining technical rigor and personal exploration, it offers intensive training in Limón Technique and Repertory, New Repertory, Principles of Performance, Techniques of Creation, Breath and Movement, and other special events. The program has classes Mon-Sat, with a culminating performance. Students should be at the Advanced or Intermediate level. Part-time enrollment, which includes the two morning classes will be available. The master teachers are: **Colin Connor**, internationally recognized choreographer, who drew from his dancers performances described, in Dance Magazine, as "*totally spellbinding*" at the Joyce Theater in New York; **Brenna Monroe-Cook**, soloist for many years with the Limon Company, whose "*transparent innocence*" was noted in the Boston Globe; **Debra Noble**, soloist and collaborator with numerous contemporary choreographers, who has been praised for her "*authority and restraint*" in Dance Magazine.

**Limón West Coast Workshop runs Sunday June 17<sup>th</sup> to Saturday, June 30<sup>th</sup> inclusive.**  
**Registration & Class Placement: Sunday, June 17, 2:00-5:00 pm**  
**First Week Class Schedule Monday June 18 through Saturday June 23**  
**Second Week Schedule runs Monday June 25 through Saturday June 30**  
**Open Showing on Saturday 1:00 in the afternoon June 30**

9:30 - 11:00 Limón Technique  
11:15 - 1.00 Limón Repertory, and New Repertory  
1.00 - 2.00 Lunch  
2.00 - 3:15 Breath and Movement Warm-up  
3:30 - 5:00 Principles of Performance, and Techniques of Creation

**Colin Connor's** work prompted Jennifer Dunning, in The New York Times, to write that "*It comes as something of a relief these days to see movement treated as a sufficiently expressive medium.*" A soloist with the Limon Dance Company for eight years, he is the choreographer of over fifty commissioned works that have been seen across the Americas and Europe, at such venues as the *Joyce Theater* in New York, and *The Holland Festival* in Den Hague. Currently on faculty at the California Institute of the Arts, he has served on the faculties of The Juilliard School, NYU and City College of New York, and taught at international centers such as the *London School of Contemporary Dance*, the *Rotterdamse Dansacademie*, and *Jacob's Pillow*. This past December, his new work, *The Sea, the Sea* premiered at the *REDCAT* theater in Los Angeles, and his *Against the Dark* was performed by the Canadian Contemporary Dance Theatre at the *Harbourfront Centre* in Toronto. His *Streets and Legends* is being remounted this year for the fifth time by the Richmond Ballet.

**Brenna Monroe-Cook** was a soloist for several years with the Limón Dance Company, performing internationally in works by José Limón, Doris Humphrey, Jiri Kylián, Susanne Linke, Lar Lubovitch and Donald McKayle, and teaching Limón and Humphrey technique and repertory. Originally from Oak Park, Illinois, Ms. Monroe-Cook's early performance experience was in reconstructions of historical works from the classical ballet and modern dance canons with Momenta Performing Arts Company, under the direction of Stephanie Clemens. Ms. Monroe-Cook received her BFA from The Juilliard School under the direction of Benjamin Harkarvy, and her MFA from the University of Washington. She continues to teach Limón technique and stage Limón repertoire for companies and schools nationwide including Cornish College of the Arts, Pacific Northwest Ballet School, North Carolina School of the Arts, University of Florida, University of North Texas, and the University of Washington. Ms. Monroe-Cook also teaches ballet, is a certified Pilates instructor through the Kane School of Core Integration, and is a licensed **GYROKINESIS®** Apprentice.

**Debra Noble** has danced with some of the foremost American choreographers, performed nationally and internationally as a soloist, taught a broad range of dance techniques and related studies, choreographed widely, and directed her own company. She was a member of Los Angeles' American Repertory Dance Company for five years, and has guest performed with the Limón Dance Company. With her *Solo Voices* project and *Connor/Noble Dance* she performed across the United States, Europe, and Central America. In *Dance Magazine*, and on NPR, Bill Gayle called her performances "*Majestic and elegiac...striking*" and hailed her for having... "*clearly mastered less being more*". Ms. Noble created and sustained her company, *In Forward Motion*, for ten years, and her choreography has been presented by such venues as Lincoln Center and France's Avignon International Arts Festival. She has also choreographed and performed for music video, including Dave Mathews' Grammy nominated *Crash*.

## **LIMÓN WEST COAST**

FULL PROGRAM TUITION (4 classes daily) \$790

PART-TIME TUITION (2 morning classes daily) \$460

Application Form: Can be found on the website at [www.limon.org](http://www.limon.org)

**Debra Noble and Colin Connor**



**Brenna Monroe-Cook**

